

# Guard Dental Stops Teeth Grinding

MEET THE NEEDS OF DIFFERENT DENTAL ARCH SHAPES



## Feature:

**Reusable-** The first of its kind ready to use night guard, offers a cost effective solution that provides exceptional comfort, protection and hygiene

**One Size Fits All-** may be worn on upper or lower teeth

**Instant Fit-** No boiling, cutting or molding required, It can be used repeatedly until it is damaged and discarded

Bite plate alignment grooves, absorbing bite plates, and stabilizing bite plate lips work together for maximum protection

Meets the demanding needs of both clenchers/grinders

## Comfortable:

The streamlined one size fits all. Dental Guard is uniquely designed to be worn on either your upper or lower teeth - whichever is more comfortable.

## Protective:

Dental Guard meets the demanding needs of both “clenchers” and “grinders” - bite plate alignment grooves, absorbing bite plates, and stabilizing bite plate lips work together for maximum protection

## Hygienic:

Each reusable, Damaged deformation can be discarded

Individually Packaged and Ready to Use: No boiling, cutting, or molding required..it's an instant fit every time.

## How to use:

1. Mix cleaner with normal temperature or cold water to soak the mouth guard first around 5mins.
2. Take out and use clean cold water to clean the mouth guard.
3. Now put the night guard on upper or inferior teeth. Close your mouth and enjoy a good sleep.

**Tips:**

1. Please do not use hot water to clean the mouth guard. It will be deformed by high temperature.
2. Drink a cup of water before use it and sleep to prevent thirsty. Close the mouth against night guard slip away.
3. It is normal situation when your teeth feel tired or little pain when you wearing mouth guard for the beginning of 3-7 days, next days will turn to be well.
4. When day time come, you take off the mouth guard, please clean it and put in a clean box.

**Function:**

Protect teeth from grinding to avoid teeth problem. Bring you a silent and best sleeping time

**Feature:**

Passed SGS, CE, LFGB, Latex-free. Food grade eco-friendly imported EVA material.

**Ask a dentist before use if you have:**

Loose caps or fillings, or cavities without fillings.  
Clicking of your jaw.  
Pain in your teeth, jaw, face, or if you have trouble chewing.  
Two or more missing teeth.  
Sores in your mouth.  
Serious breathing, respiratory, or other health problems.

**Warning - do not use:**

If you are under 18 years of age.  
If you wear braces or other dental appliances.  
If you have loose teeth.  
If you have been diagnosed with temporo-mandibular joint(TMJ) problems.  
If you are currently experiencing pain in the mouth or jaw because of tooth clenching or grinding.  
As an athletic mouth guard, the dental protector does not absorb shock.  
For more than 3 mouths from initial use without consulting your dentist. See your dentist every six months thereafter while using this product.

**WARNING:** May cause tooth eruption.

**Discontinue use and consult a dentist if:**

You develop soreness or any other reaction inside your mouth.  
You notice new symptoms such as pain in your jaw, teeth, ear, neck stiffness, headache, or joint clicking after using the dental protector  
The same symptoms persist after over a month of use  
The product falls out of your mouth easily.  
The product disrupts breathing, feels uncomfortable or causes you to gag.  
You have loose teeth or a change in your bite that lasts more than a few minutes after removing.

**Packaging:** 1 piece in a plastic case; or customize